Life and Career Planning

Instructor Profile
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Course Description:
“The purpose of life is a life of purpose”; Robert Bryne
“All religions, arts and sciences are branches of the same tree. All these aspirations are directed toward ennobling man’s life, lifting it from the sphere of mere physical existence and leading the individual towards freedom.”; Albert Einstein
“The mystery of human existence lies not in just staying alive, but in finding something to live for”; Fyodor Dostoyevsky

Life without clear direction and purpose is like a vehicle roaming around without any destination.

This is an envisioning and planning course for the youth who are to decide on their future life and career goals, career plans and most importantly the meaning and purpose of their lives

Learning Outcomes:
After doing this course, participants shall be motivated enough and have the basic skills to
- Envision their lives and set a destiny for themselves to pursue
- Explore their own strengths and weaknesses and make be able to think on capitalizing on the same
- Specifically, explore their natural talent as to their career choice and have some formal career planning and personality assessment

Teaching Methodology:
- Interactive Lectures
- Workshops and case studies of success stories and learning from failures
- Interviews
- A formal career and academic talent assessment with the help of a third party (yet to be decided)

Who should attend?
If you have a firm goal for your life and well thought career plan, then this course is not for you. This brief course is for you only of you don’t have those, and you really want to have them.
Preferably for students who are doing or planning their higher secondary, A levels, or undergrad degree age group around 15 to 25

Course Duration:
Approximately 20 sessions x 75 minutes (may vary)